



AcornDreams® Blog Tips

Building Children's Skills for Life ~ Pointers from our Posts

From Blog Entry "Cultivating Kindness: Bully Prevention for Early Childhood"

Research Summary

Research shows that bullying behaviors are evident in children as young as three, and the longer a pattern of bullying continues, the harder it is to change. Help young children learn positive social behaviors and prevent bullying from becoming an on-going problem.

Tips from this Post

Talk clearly about and reinforce the desired "TO DO" behaviors with children.

Examples:

- I am so pleased to see you being so kind to Ty.
- Thanks for helping James when he looked sad.
- If what you're doing makes someone upset, you need to stop doing it.

Support children's empathy by helping them think about the feelings of others.

Examples:

- When you bumped Kate and kept running – how do you think she felt?
- How did the rabbit feel in this story?

Create opportunities for children to experience being kind and helpful.

Examples:

- Start service projects like making snack bags to donate or cards for children in local hospitals.
- Encourage children to let adults know when they see children acting kindly to each other.

To read the blog entry "Cultivating Kindness: Bully Prevention for Early Childhood", visit the AcornDreams.com blog page.



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